

FREQUENTLY ASKED QUESTIONS FOR MARCIN

How can I book a session with Marcin?

Go to www.marcindakowski.pl and click on Book a session. Once we receive your request and payment, we'll get in touch to arrange a time that suits you best. If you have any trouble booking, feel free to email us at: kontakt@marcindakowski.pl

Can I book more than one session? For example, a whole series?

Yes, you can. Just increase the number of sessions in your cart to however many you're interested in. However, please don't do this if you haven't had a session with Marcin before. It's better to start with one and, if you like it, you can always purchase more later.

What if I'd like a two-hour session?

Simply select two one-hour sessions in your cart. Once we receive your request, we'll check whether you're looking for two separate sessions or one two-hour session.

Can I have an in-person session, for example in my office?

By default, sessions with Marcin take place online (video call). However, if you specifically prefer not to use a computer, just email us at kontakt@marcindakowski.pl and we'll see what can be arranged.

What if I can't attend a video session?

No problem — we can always arrange a phone session instead. Just let us know your preference.

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What are sessions with Marcin actually like?

Each session is different. What they have in common is that you bring a topic you'd like to work on. It can be something clear and specific, or something we'll define together. The exact process of how you work with Marcin to address your goal or difficulty is something that will unfold during the session. Marcin will tailor the approach so that, by the end of the session, you'll feel like you're in a very different place from where you started.

Can I book therapy sessions with Marcin?

No. At this time, Marcin does not offer regular psychotherapy. If you're unsure whether what you need qualifies as therapy, the best thing to do is write to us: kontakt@marcindakowski.pl

Are sessions in Polish only?

Sessions are available in both Polish and English.

What if two or more people want to attend the session together?

If you feel that this format could work for you, that's absolutely fine! However, if you're unsure — especially if the session might turn into a workshop or a mediation — please contact us beforehand to clarify the details: kontakt@marcindakowski.pl

How will I know what to expect from a session?

You'll find plenty of testimonials on marcindakowski.pl that describe what working with Marcin is like. If you have specific questions, feel free to get in touch: kontakt@marcindakowski.pl

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What if I don't like the session with Marcin?

There's always some level of risk in anything new. However, to date, we've never had a situation where someone was dissatisfied. If Marcin feels he wasn't able to help due to something on his part, he will refund you for the session.

What if we resolve my issue in half an hour?

In that case, you're welcome to end the session early or move on to a new topic. Sessions are billed per hour, with a one-hour minimum.

What if I need to reschedule my session?

You can reschedule any session free of charge up to 24 hours before the agreed time. Sessions that are not rescheduled within that window or not attended will be forfeited.

Can I give someone a session with Marcin?

That's a very individual matter. The best thing to do is email us first at kontakt@marcindakowski.pl. In short: sessions only work when someone actually wants to take part. Don't give a session to someone who might not be ready or interested.

I'd like to work with Marcin but I'm not sure if these sessions are right for me

Write to us at kontakt@marcindakowski.pl. We'll figure it out together.